

serie 1

plt	stno	naam	cat	tijd	rondetijden
1	688	Ramon van der Wilde	m	9:33.84	36.06 (36.06),1:50.78 (1:14.72),3:07.42 (1:16.64),4:24.00 (1:16.58),5:41.80 (1:17.80),6:59.93 (1:18.13),8:17.44 (1:17.51),9:33.84 (1:16.40)
2	689	Ron van den Berg	m40	9:40.99	36.55 (36.55),1:50.46 (1:13.91),3:07.25 (1:16.79),4:24.98 (1:17.73),5:42.91 (1:17.93),7:02.76 (1:19.85),8:24.03 (1:21.27),9:40.99 (1:16.96)
3	608	Michel de Maat	m45	9:57.01	37.89 (37.89),1:54.35 (1:16.46),3:13.46 (1:19.11),4:33.64 (1:20.18),5:54.98 (1:21.34),7:16.63 (1:21.65),8:38.92 (1:22.29),9:57.01 (1:18.09)
4	607	Matthijs Riemens	m	9:58.09	36.70 (36.70),1:50.99 (1:14.29),3:09.07 (1:18.08),4:29.72 (1:20.65),5:52.76 (1:23.04),7:16.99 (1:24.23),8:39.40 (1:22.41),9:58.09 (1:18.69)
5	601	Danny Elbers	m	10:09.49	38.84 (38.84),1:55.94 (1:17.10),3:15.76 (1:19.82),4:36.18 (1:20.42),5:57.63 (1:21.45),7:20.95 (1:23.32),8:46.51 (1:25.56),10:09.49 (1:22.98)
6	612	Peter Sabel	m45	10:42.45	40.59 (40.59),2:03.37 (1:22.78),3:30.56 (1:27.19),4:59.50 (1:28.94),6:28.28 (1:28.78),7:53.82 (1:25.54),9:22.13 (1:28.31),10:42.45 (1:20.32)
7	619	Wico Verhagen	m55	10:45.71	38.13 (38.13),1:58.39 (1:20.26),3:25.43 (1:27.04),4:52.99 (1:27.56),6:22.62 (1:29.63),7:52.46 (1:29.84),9:22.13 (1:29.67),10:45.71 (1:23.58)
8	695	Peter Post	m	10:49.31	40.32 (40.32),2:02.74 (1:22.42),3:30.06 (1:27.32),4:59.07 (1:29.01),6:28.74 (1:29.67),7:57.57 (1:28.83),9:26.40 (1:28.83),10:49.31 (1:22.91)
9	691	Jean Michel Stoorvogel	m	10:54.66	40.69 (40.69),2:04.95 (1:24.26),3:32.48 (1:27.53),5:00.50 (1:28.02),6:29.62 (1:29.12),7:58.90 (1:29.28),9:28.18 (1:29.28),10:54.66 (1:26.48)
10	693	Marcel Bergwerff	m	10:57.61	40.99 (40.99),2:03.46 (1:22.47),3:30.16 (1:26.70),4:59.04 (1:28.88),6:29.02 (1:29.98),7:58.14 (1:29.12),9:28.89 (1:30.75),10:57.61 (1:28.72)
11	611	Niek Rietveld	m40	11:00.26	41.63 (41.63),2:09.66 (1:28.03),3:39.99 (1:30.33),5:09.56 (1:29.57),6:38.97 (1:29.41),8:07.40 (1:28.43),9:37.03 (1:29.63),11:00.26 (1:23.23)
12	617	Ron Dekker	m40	11:03.83	43.14 (43.14),2:12.38 (1:29.24),3:42.27 (1:29.89),5:10.24 (1:27.97),6:39.16 (1:28.92),8:08.10 (1:28.94),9:37.75 (1:29.65),11:03.83 (1:26.08)
13	692	Cees den Dunnen	m	11:04.14	39.24 (39.24),2:03.18 (1:23.94),3:30.36 (1:27.18),4:59.32 (1:28.96),6:29.31 (1:29.99),7:59.95 (1:30.64),9:33.69 (1:33.74),11:04.14 (1:30.45)
14	697	Jeroen Ruseler	jun	11:04.78	43.11 (43.11),2:10.18 (1:27.07),3:40.77 (1:30.59),5:09.86 (1:29.09),6:39.12 (1:29.26),8:08.03 (1:28.91),9:39.23 (1:31.20),11:04.78 (1:25.55)
15	603	Hans Beijer	m45	11:16.78	44.37 (44.37),2:13.11 (1:28.74),3:43.72 (1:30.61),5:13.91 (1:30.19),6:43.39 (1:29.48),8:14.66 (1:31.27),9:48.47 (1:33.81),11:16.78 (1:28.31)
16	606	Martin Pronk	m45	11:21.71	42.50 (42.50),2:12.47 (1:29.97),3:44.14 (1:31.67),5:15.12 (1:30.98),6:46.32 (1:31.20),8:19.01 (1:32.69),9:51.74 (1:32.73),11:21.71 (1:29.97)
17	618	Ronald van Steeg	m40	11:34.24	43.57 (43.57),2:13.95 (1:30.38),3:48.26 (1:34.31),5:22.99 (1:34.73),6:57.41 (1:34.42),8:33.67 (1:36.26),10:08.33 (1:34.66),11:34.24 (1:25.91)
18	87	Henk van Kempen	m	11:35.03	42.90 (42.90),2:13.68 (1:30.78),3:48.10 (1:34.42),5:22.84 (1:34.74),6:57.12 (1:34.28),8:33.52 (1:36.40),10:08.00 (1:34.48),11:35.03 (1:27.03)
19	600	Arno van Unnik	m40	11:35.64	43.69 (43.69),2:14.25 (1:30.56),3:46.17 (1:31.92),5:19.83 (1:33.66),6:54.18 (1:34.35),8:29.68 (1:35.50),10:06.25 (1:36.57),11:35.64 (1:29.39)
20	614	Reinard Maarleveld	m50	11:36.18	43.34 (43.34),2:12.89 (1:29.55),3:44.75 (1:31.86),5:19.17 (1:34.42),6:54.75 (1:35.58),8:32.91 (1:38.16),10:08.83 (1:35.92),11:36.18 (1:27.35)
21	698	Steeff Klerks	m	11:38.94	44.22 (44.22),2:15.03 (1:30.81),3:48.72 (1:33.69),5:23.67 (1:34.95),6:58.12 (1:34.45),8:34.18 (1:36.06),10:09.05 (1:34.87),11:38.94 (1:29.89)
22	616	Roel Noordam	m45	11:42.93	40.78 (40.78),2:09.95 (1:29.17),3:45.46 (1:35.51),5:20.48 (1:35.02),6:57.01 (1:36.53),8:37.11 (1:40.10),10:15.70 (1:38.59),11:42.93 (1:27.23)
23	634	Arie Schaar	m	11:46.13	44.54 (44.54),2:15.10 (1:30.56),3:48.93 (1:33.83),5:23.80 (1:34.87),6:59.72 (1:35.92),8:37.32 (1:37.60),10:15.35 (1:38.03),11:46.13 (1:30.78)
24	604	Herman Ruseler	m45	11:50.39	43.81 (43.81),2:14.56 (1:30.75),3:48.76 (1:34.20),5:23.29 (1:34.53),6:58.61 (1:35.32),8:36.86 (1:38.25),10:16.19 (1:39.33),11:50.39 (1:34.20)
25	696	Jeroen Alkemade	m	12:03.47	42.80 (42.80),2:14.74 (1:31.94),3:49.68 (1:34.94),5:25.39 (1:35.71),7:03.80 (1:38.41),8:44.17 (1:40.37),10:25.27 (1:41.10),12:03.47 (1:38.20)

serie 2

plt	stno	naam	cat	tijd	rondetijden
1	676	Bob den Hartigh	jun	11:10.20	35.41 (35.41),1:55.53 (1:20.12),3:25.66 (1:30.13),4:58.34 (1:32.68),6:36.20 (1:37.86),8:09.80 (1:33.60),9:41.31 (1:31.51),11:10.20 (1:28.89)
2	699	Annemieke Leonie	v	11:18.68	44.18 (44.18),2:17.28 (1:33.10),3:38.38 (1:21.10),5:07.76 (1:29.38),6:42.81 (1:35.05),8:11.12 (1:28.31),9:40.83 (1:29.71),11:18.68 (1:37.85)
3	707	Loek Zevenbergen	jjC	11:29.83	38.75 (38.75),2:05.25 (1:26.50),3:35.55 (1:30.30),5:11.10 (1:35.55),6:48.81 (1:37.71),8:25.54 (1:36.73),10:04.77 (1:39.23),11:29.83 (1:25.06)
4	620	Wim Heijblom	m45	11:31.33	44.12 (44.12),2:14.33 (1:30.21),3:46.70 (1:32.37),5:20.08 (1:33.38),6:55.40 (1:35.32),8:30.06 (1:34.66),10:06.09 (1:36.03),11:31.33 (1:25.24)
5	90	Richard Lissenberg	m	11:32.58	42.00 (42.00),2:04.85 (1:22.85),3:34.78 (1:29.93),5:10.70 (1:35.92),6:48.53 (1:37.83),8:27.95 (1:39.42),10:05.11 (1:37.16),11:32.58 (1:27.47)
6	636	Percy van As	m45	11:46.70	41.67 (41.67),2:11.33 (1:29.66),3:42.95 (1:31.62),5:18.39 (1:35.44),6:55.11 (1:36.72),8:33.59 (1:38.48),10:13.98 (1:40.39),11:46.70 (1:32.72)
7	694	Ton van der Lelij	m	11:49.85	50.71 (50.71),2:25.87 (1:35.16),4:02.51 (1:36.64),5:40.33 (1:37.82),7:19.01 (1:38.68),8:56.57 (1:37.56),10:27.50 (1:30.93),11:49.85 (1:22.35)
8	610	Monique Leentvaar	v40	11:51.34	44.04 (44.04),2:17.64 (1:33.60),3:52.64 (1:35.00),5:28.99 (1:36.35),7:06.04 (1:37.05),8:44.69 (1:38.65),10:22.62 (1:37.93),11:51.34 (1:28.72)
9	701	Aad van Heijningen	m45	11:52.15	43.88 (43.88),2:17.40 (1:33.52),3:56.06 (1:38.66),5:34.84 (1:38.78),7:10.99 (1:36.15),8:47.25 (1:36.26),10:23.66 (1:36.41),11:52.15 (1:28.49)
10	708	Petra Aaldring	v	11:52.67	47.72 (47.72),2:20.83 (1:33.11),3:57.51 (1:36.68),5:35.47 (1:37.96),7:11.77 (1:36.30),8:48.25 (1:36.48),10:25.37 (1:37.12),11:52.67 (1:27.30)
11	621	Kees Montanus	m50	11:54.36	45.64 (45.64),2:20.48 (1:34.84),3:57.23 (1:36.75),5:35.34 (1:38.11),7:11.61 (1:36.27),8:47.64 (1:36.03),10:24.56 (1:36.92),11:54.36 (1:29.80)
12	638	Remco van der Velden	m40	11:54.70	46.45 (46.45),2:20.85 (1:34.40),3:57.47 (1:36.62),5:34.96 (1:37.49),7:10.87 (1:35.91),8:46.79 (1:35.92),10:23.29 (1:36.50),11:54.70 (1:31.41)
13	624	Bas van Hattem	m	12:17.76	48.06 (48.06),2:24.44 (1:36.38),4:04.30 (1:39.86),5:44.89 (1:40.59),7:25.67 (1:40.78),9:04.58 (1:38.91),10:44.55 (1:39.97),12:17.76 (1:33.21)
14	712	Jaap van Zevenbergen	ja2	12:18.14	49.66 (49.66),2:27.66 (1:38.00),4:03.27 (1:35.61),5:39.50 (1:36.23),7:18.30 (1:38.80),8:58.67 (1:40.37),10:44.34 (1:45.67),12:18.14 (1:33.80)
15	650	Edwin Heuvelman	m40	12:23.18	48.54 (48.54),2:25.66 (1:37.12),4:07.94 (1:42.28),5:52.66 (1:44.72),7:37.24 (1:44.58),9:18.46 (1:41.22),10:55.70 (1:37.24),12:23.18 (1:27.48)
16	700	Peter Mestrini	m45	12:25.22	48.28 (48.28),2:26.91 (1:38.63),4:09.60 (1:42.69),5:49.51 (1:39.91),7:29.89 (1:40.38),9:08.54 (1:38.65),10:48.74 (1:40.20),12:25.22 (1:36.48)
17	642	Willem van der Vaart	m45	12:26.86	46.38 (46.38),2:21.96 (1:35.58),4:04.14 (1:42.18),5:47.77 (1:43.63),7:31.51 (1:43.74),9:14.31 (1:42.80),10:56.43 (1:42.12),12:26.86 (1:30.43)
18	640	Ruud van Es	m45	12:28.05	48.34 (48.34),2:25.54 (1:37.20),4:07.99 (1:42.45),5:53.02 (1:45.03),7:37.67 (1:44.65),9:19.32 (1:41.65),10:56.70 (1:37.38),12:28.05 (1:31.35)
19	625	Frank Bekker	m50	12:29.37	47.58 (47.58),2:23.31 (1:35.73),4:03.21 (1:39.90),5:44.53 (1:41.32),7:26.62 (1:42.09),9:08.49 (1:41.87),10:51.36 (1:42.87),12:29.37 (1:38.01)
20	88	Hans Booister	m45	12:33.92	49.19 (49.19),2:27.29 (1:38.10),4:09.16 (1:41.87),5:53.60 (1:44.44),7:38.12 (1:44.52),9:19.79 (1:41.67),10:58.62 (1:38.83),12:33.92 (1:35.30)
21	661	Ronald Tertoolen	m45	12:42.57	48.95 (48.95),2:27.01 (1:38.06),4:08.48 (1:41.47),5:53.32 (1:44.84),7:37.76 (1:44.44),9:18.48 (1:40.72),11:01.73 (1:43.25),12:42.57 (1:40.84)
22	704	Jan Louter	m	12:45.49	47.23 (47.23),2:25.27 (1:38.04),4:07.86 (1:42.59),5:52.57 (1:44.71),7:37.19 (1:44.62),9:20.35 (1:43.16),11:05.58 (1:45.23),12:45.49 (1:39.91)
23	705	Kristel vdn Berg		12:49.88	47.02 (47.02),2:21.54 (1:34.52),4:01.01 (1:39.47),5:40.92 (1:39.91),7:25.50 (1:44.58),9:16.64 (1:51.14),11:06.57 (1:49.93),12:49.88 (1:43.31)
24	703	Gerard Oomen	m	12:50.81	48.87 (48.87),2:27.31 (1:38.44),4:09.89 (1:42.58),5:53.80 (1:43.91),7:38.68 (1:44.88),9:21.10 (1:42.42),11:06.34 (1:45.24),12:50.81 (1:44.47)
25	709	Rafael Raap	jpA2	12:55.41	50.06 (50.06),2:28.71 (1:38.65),4:13.63 (1:44.92),5:51.09 (1:37.46),7:36.49 (1:45.40),9:25.25 (1:48.76),11:17.75 (1:52.50),12:55.41 (1:37.66)
26	605	Marjolijn Goos	v45	12:56.48	47.56 (47.56),2:23.46 (1:35.90),4:03.88 (1:40.42),5:49.41 (1:45.53),7:36.98 (1:47.57),9:23.71 (1:46.73),11:12.09 (1:48.38),12:56.48 (1:44.39)
27	702	Femke Slooff	mpa2	13:08.87	50.00 (50.00),2:28.80 (1:38.80),4:13.86 (1:45.06),5:58.03 (1:44.17),7:44.03 (1:46.00),9:33.03 (1:49.00),11:22.18 (1:49.15),13:08.87 (1:46.69)

serie 3

plt	stno	naam	cat	tijd	rondetijden
1	85	Julian van Aalten		11:25.77	48.66 (48.66),2:23.24 (1:34.58),3:59.42 (1:36.18),5:30.39 (1:30.97),7:01.49 (1:31.10),8:34.01 (1:32.52),10:00.51 (1:26.50),11:25.77 (1:25.26)
2	711	Erik Bassie	m	12:06.46	48.31 (48.31),2:23.07 (1:34.76),4:00.30 (1:37.23),5:37.90 (1:37.60),7:16.80 (1:38.90),8:57.19 (1:40.39),10:38.01 (1:40.82),12:06.46 (1:28.45)
3	29	Jan Knipmeyer	m40	12:09.94	46.75 (46.75),2:22.97 (1:36.22),4:00.97 (1:38.00),5:39.20 (1:38.23),7:17.15 (1:37.95),8:56.96 (1:39.81),10:35.82 (1:38.86),12:09.94 (1:34.12)
4	22	Aad Streefkerk	m50	12:18.49	46.88 (46.88),2:24.83 (1:37.95),4:02.94 (1:38.11),5:41.37 (1:38.43),7:21.61 (1:40.24),9:02.73 (1:41.12),10:43.79 (1:41.06),12:18.49 (1:34.70)
5	628	Henk Mulder	m45	12:35.36	53.34 (53.34),2:36.28 (1:42.94),4:18.14 (1:41.86),6:00.53 (1:42.39),7:42.91 (1:42.38),9:23.83 (1:40.92),11:02.76 (1:38.93),12:35.36 (1:32.60)
6	717	Leen Barendregt	m60	12:38.81	53.36 (53.36),2:36.87 (1:43.51),4:19.75 (1:42.88),6:00.79 (1:41.04),7:42.13 (1:41.34),9:23.27 (1:41.14),11:03.42 (1:40.15),12:38.81 (1:35.39)
7	632	Karel Leeuwangh	m70	12:43.91	48.74 (48.74),2:28.65 (1:39.91),4:11.59 (1:42.94),5:55.95 (1:44.36),7:40.58 (1:44.63),9:23.62 (1:43.04),11:06.30 (1:42.68),12:43.91 (1:37.61)
8	654	Henk Nieuwkerk	m40	12:50.04	53.48 (53.48),2:36.28 (1:42.80),4:19.30 (1:43.02),6:05.83 (1:46.53),7:48.74 (1:42.91),9:31.26 (1:42.52),11:15.36 (1:44.10),12:50.04 (1:34.68)
9	626	Frederika Welle Donker	v50	13:06.39	53.09 (53.09),2:36.43 (1:43.34),4:19.96 (1:43.53),6:04.91 (1:44.95),7:49.99 (1:45.08),9:35.71 (1:45.72),11:23.19 (1:47.48),13:06.39 (1:43.20)
10	635	Martine Dattin	v	13:12.05	54.82 (54.82),2:40.07 (1:45.25),4:24.32 (1:44.25),6:08.78 (1:44.46),7:55.28 (1:46.50),9:42.37 (1:47.09),11:29.06 (1:46.69),13:12.05 (1:42.99)
11	631	Joop Terwiel	m55	13:13.38	53.52 (53.52),2:39.53 (1:46.01),4:26.40 (1:46.87),6:13.04 (1:46.64),7:59.43 (1:46.39),9:45.23 (1:45.80),11:32.63 (1:47.40),13:13.38 (1:40.75)
12	657	Kasper Bontje	m55	13:13.96	54.56 (54.56),2:40.51 (1:45.95),4:26.05 (1:45.54),6:12.19 (1:46.14),7:58.15 (1:45.96),9:44.99 (1:46.84),11:31.94 (1:46.95),13:13.96 (1:42.02)
13	660	Remco Vervloet	m	13:15.47	54.64 (54.64),2:40.06 (1:45.42),4:25.90 (1:45.84),6:13.00 (1:47.10),7:59.74 (1:46.74),9:45.90 (1:46.16),11:34.41 (1:48.51),13:15.47 (1:41.06)
14	713	Rob van Tiel	m	13:17.52	53.85 (53.85),2:39.65 (1:45.80),4:26.63 (1:46.98),6:13.44 (1:46.81),8:00.53 (1:47.09),9:49.34 (1:48.81),11:39.22 (1:49.88),13:17.52 (1:38.30)
15	647	Christiaan Slooff	m40	13:17.92	55.39 (55.39),2:41.07 (1:45.68),4:25.33 (1:44.26),6:12.34 (1:47.01),8:00.12 (1:47.78),9:49.35 (1:49.23),11:39.07 (1:49.72),13:17.92 (1:38.85)
16	715	Ton Berkouwer	m	13:18.21	54.14 (54.14),2:42.01 (1:47.87),4:27.39 (1:45.38),6:13.97 (1:46.58),8:01.27 (1:47.30),9:49.77 (1:48.50),11:39.50 (1:49.73),13:18.21 (1:38.71)
17	716	Anja van Vliet	v	13:24.48	53.81 (53.81),2:40.09 (1:46.28),4:26.70 (1:46.61),6:13.50 (1:46.80),8:01.04 (1:47.54),9:50.32 (1:49.28),11:40.02 (1:49.70),13:24.48 (1:44.46)
18	633	Kees Stam	m50	13:29.20	54.30 (54.30),2:40.20 (1:45.90),4:26.12 (1:45.92),6:12.59 (1:46.47),8:00.75 (1:48.16),9:51.25 (1:50.50),11:43.11 (1:51.86),13:29.20 (1:46.09)
19	718	Linda van Steeg	jun	13:43.15	52.88 (52.88),2:42.96 (1:50.08),4:36.59 (1:53.63),6:29.79 (1:53.20),8:20.59 (1:50.80),10:10.97 (1:50.38),12:02.26 (1:51.29),13:43.15 (1:40.89)
20	89	Jonathan Niemeijer	jpa1	13:44.36	55.12 (55.12),2:43.84 (1:48.72),4:36.98 (1:53.14),6:30.61 (1:53.63),8:25.50 (1:54.89),10:21.26 (1:55.76),12:14.62 (1:53.36),13:44.36 (1:29.74)
21	639	Robbert Kamphorst	m45	14:06.98	52.62 (52.62),2:41.13 (1:48.51),4:32.08 (1:50.95),6:25.53 (1:53.45),8:21.02 (1:55.49),10:18.06 (1:57.04),12:16.07 (1:58.01),14:06.98 (1:50.91)
DNF	714	Robbert Nieuwkerk	m		49.20 (49.20),2:32.35 (1:43.15),4:19.46 (1:47.11),6:08.02 (1:48.56),8:02.41 (1:54.39),10:04.23 (2:01.82)

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plt	stno	naam	cat	tijd	rondetijden
1	95	Edward van der Raaf	m	12:40.21	50.57 (50.57),2:29.17 (1:38.60),4:11.54 (1:42.37),5:53.87 (1:42.33),7:37.51 (1:43.64),9:20.01 (1:42.50),11:02.77 (1:42.76),12:40.21 (1:37.44)
2	643	Andre de Roo	m50	12:54.69	50.17 (50.17),2:32.75 (1:42.58),4:17.53 (1:44.78),6:01.95 (1:44.42),7:46.96 (1:45.01),9:32.79 (1:45.83),11:17.11 (1:44.32),12:54.69 (1:37.58)
3	637	Radboud Sinnecker	m50	13:00.88	48.61 (48.61),2:30.11 (1:41.50),4:14.81 (1:44.70),6:01.57 (1:46.76),7:47.26 (1:45.69),9:36.49 (1:49.23),11:25.26 (1:48.77),13:00.88 (1:35.62)
4	725	Kees Nieuwstraten	m55	13:16.94	53.50 (53.50),2:39.86 (1:46.36),4:28.82 (1:48.96),6:18.50 (1:49.68),8:09.97 (1:51.47),9:59.25 (1:49.28),11:47.53 (1:48.28),13:16.94 (1:29.41)
5	648	Dirk Schouten	m40	13:20.76	50.92 (50.92),2:33.63 (1:42.71),4:23.70 (1:50.07),6:13.06 (1:49.36),8:02.24 (1:49.18),9:50.42 (1:48.18),11:37.99 (1:47.57),13:20.76 (1:42.77)
6	39	Anjo van Randwijk	v50	13:43.96	51.97 (51.97),2:38.69 (1:46.72),4:29.15 (1:50.46),6:20.55 (1:51.40),8:14.03 (1:53.48),10:06.07 (1:52.04),11:57.67 (1:51.60),13:43.96 (1:46.29)
7	627	Ronald Braak		13:46.94	56.67 (56.67),2:49.96 (1:53.29),4:43.35 (1:53.39),6:37.18 (1:53.83),8:33.53 (1:56.35),10:23.25 (1:49.72),12:10.06 (1:46.81),13:46.94 (1:36.88)
8	655	Jacques van Dingen	m45	13:50.28	48.92 (48.92),2:35.68 (1:46.76),4:27.12 (1:51.44),6:18.88 (1:51.76),8:15.27 (1:56.39),10:11.53 (1:56.26),12:04.50 (1:52.97),13:50.28 (1:45.78)
9	644	Anjo Brouw	v40	14:06.15	56.08 (56.08),2:51.25 (1:55.17),4:44.36 (1:53.11),6:38.74 (1:54.38),8:33.76 (1:55.02),10:28.22 (1:54.46),12:21.37 (1:53.15),14:06.15 (1:44.78)
10	730	Jos Eijkelestam	m40	14:10.01	57.09 (57.09),2:51.34 (1:54.25),4:45.73 (1:54.39),6:39.48 (1:53.75),8:36.36 (1:56.88),10:32.51 (1:56.15),12:28.76 (1:56.25),14:10.01 (1:41.25)
11	726	Lilian van der Steen	v	14:11.10	55.01 (55.01),2:44.35 (1:49.34),4:39.36 (1:55.01),6:38.72 (1:59.36),8:36.02 (1:57.30),10:32.98 (1:56.96),12:27.93 (1:54.95),14:11.10 (1:43.17)
12	722	Paul de Keijzer	m	14:11.13	54.88 (54.88),2:44.29 (1:49.41),4:39.06 (1:54.77),6:37.67 (1:58.61),8:35.54 (1:57.87),10:32.89 (1:57.35),12:27.74 (1:54.85),14:11.13 (1:43.39)
13	720	Jan Jaarsma	m45	14:16.99	54.67 (54.67),2:43.94 (1:49.27),4:35.57 (1:51.63),6:30.80 (1:55.23),8:27.51 (1:56.71),10:26.38 (1:58.87),12:24.26 (1:57.88),14:16.99 (1:52.73)
14	672	Geera Poot	v35	14:19.02	56.65 (56.65),2:51.49 (1:54.84),4:45.64 (1:54.15),6:41.41 (1:55.77),8:36.59 (1:55.18),10:32.39 (1:55.80),12:28.48 (1:56.09),14:19.02 (1:50.54)
15	93	Annemiek Leeman	v	14:21.20	52.46 (52.46),2:39.88 (1:47.42),4:36.96 (1:57.08),6:37.66 (2:00.70),8:37.67 (2:00.01),10:36.32 (1:58.65),12:33.21 (1:56.89),14:21.20 (1:47.99)
16	656	Jan Mersch	m45	14:22.42	55.86 (55.86),2:50.80 (1:54.94),4:44.34 (1:53.54),6:36.58 (1:52.24),8:33.69 (1:57.11),10:30.36 (1:56.67),12:28.26 (1:57.90),14:22.42 (1:54.16)
17	189	Avrid Gog		15:00.67	1:02.01 (1:02.01),3:04.58 (2:02.57),5:10.61 (2:06.03),7:21.77 (2:11.16),9:30.97 (2:09.20),11:36.44 (2:05.47),13:26.53 (1:50.09),15:00.67 (1:34.14)
18	724	Tijn van Dingen	jpa1	15:01.95	1:00.95 (1:00.95),3:03.87 (2:02.92),5:10.22 (2:06.35),7:20.87 (2:10.65),9:30.60 (2:09.73),11:36.19 (2:05.59),13:26.65 (1:50.46),15:01.95 (1:35.30)
19	662	Walter de Ling	m60	15:07.30	58.72 (58.72),2:55.15 (1:56.43),4:54.57 (1:59.42),6:59.46 (2:04.89),9:06.46 (2:07.00),11:15.64 (2:09.18),13:20.19 (2:04.55),15:07.30 (1:47.11)
20	670	Carla Stans	v50	15:20.65	54.93 (54.93),2:51.95 (1:57.02),4:53.26 (2:01.31),6:58.30 (2:05.04),9:05.91 (2:07.61),11:14.28 (2:08.37),13:20.03 (2:05.75),15:20.65 (2:00.62)
21	719	Bruno van Dingen	jjD	15:21.98	1:01.58 (1:01.58),3:04.35 (2:02.77),5:10.86 (2:06.51),7:21.36 (2:10.50),9:31.46 (2:10.10),11:36.69 (2:05.23),13:37.59 (2:00.90),15:21.98 (1:44.39)
22	38	Guido Dumont	m	15:32.23	1:01.27 (1:01.27),3:04.14 (2:02.87),5:10.34 (2:06.20),7:21.97 (2:11.63),9:31.90 (2:09.93),11:37.36 (2:05.46),13:41.24 (2:03.88),15:32.23 (1:50.99)
23	723	Sep Louter	jpA1	15:35.34	1:02.27 (1:02.27),3:05.28 (2:03.01),5:11.56 (2:06.28),7:22.72 (2:11.16),9:32.57 (2:09.85),11:37.71 (2:05.14),13:42.83 (2:05.12),15:35.34 (1:52.51)
24	731	Kitty van Bloois	v55	15:43.43	58.27 (58.27),3:00.61 (2:02.34),5:07.69 (2:07.08),7:17.01 (2:09.32),9:25.81 (2:08.80),11:34.18 (2:08.37),13:41.72 (2:07.54),15:43.43 (2:01.71)
25	728	Dennis van Dijk	m40	15:55.87	

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plt	stno	naam	cat	tijd	rondetijden
1	721	Koen van Pelt	jpA2	14:36.28	1:05.61 (1:05.61),3:12.65 (2:07.04),5:19.75 (2:07.10),7:18.98 (1:59.23),9:12.84 (1:53.86),10:58.85 (1:46.01),12:48.68 (1:49.83),14:36.28 (1:47.60)
2	645	Bert Baur	m50	14:45.85	1:01.11 (1:01.11),2:57.77 (1:56.66),4:58.24 (2:00.47),7:01.73 (2:03.49),9:04.32 (2:02.59),11:01.05 (1:56.73),12:58.53 (1:57.48),14:45.85 (1:47.32)
3	649	Evert t Hof	m	14:58.27	1:01.84 (1:01.84),2:58.48 (1:56.64),4:57.65 (1:59.17),7:02.01 (2:04.36),9:04.09 (2:02.08),11:03.30 (1:59.21),13:06.22 (2:02.92),14:58.27 (1:52.05)
4	667	Annemie van Hattem	v50	15:06.00	1:01.98 (1:01.98),2:57.80 (1:55.82),4:57.27 (1:59.47),7:01.34 (2:04.07),9:03.93 (2:02.59),11:03.70 (1:59.77),13:07.17 (2:03.47),15:06.00 (1:58.83)
5	191	Rop Out		15:09.40	1:00.66 (1:00.66),2:57.12 (1:56.46),4:56.93 (1:59.81),7:00.99 (2:04.06),9:03.80 (2:02.81),11:06.18 (2:02.38),13:11.43 (2:05.25),15:09.40 (1:57.97)
6	668	Bas van der Raaf	m65	15:13.90	1:02.39 (1:02.39),2:58.17 (1:55.78),4:57.60 (1:59.43),7:01.39 (2:03.79),9:04.75 (2:03.36),11:07.49 (2:02.74),13:13.22 (2:05.73),15:13.90 (2:00.68)
7	733	Bert den Hond	m	15:15.17	1:06.49 (1:06.49),3:09.94 (2:03.45),5:10.27 (2:00.33),7:15.00 (2:04.73),9:22.39 (2:07.39),11:24.54 (2:02.15),13:24.44 (1:59.90),15:15.17 (1:50.73)
8	40	Inge Booister	jun	15:20.81	1:06.74 (1:06.74),3:11.30 (2:04.56),5:15.45 (2:04.15),7:21.40 (2:05.95),9:27.71 (2:06.31),11:33.69 (2:05.98),13:39.35 (2:05.66),15:20.81 (1:41.46)
9	41	Marc Booister	jun	15:20.88	1:04.84 (1:04.84),3:07.32 (2:02.48),5:06.18 (1:58.86),7:14.33 (2:08.15),9:20.44 (2:06.11),11:25.82 (2:05.38),13:33.11 (2:07.29),15:20.88 (1:47.77)
10	736	Martha Fontijn	v	15:21.03	59.72 (59.72),2:55.87 (1:56.15),4:55.40 (1:59.53),7:01.12 (2:05.72),9:08.96 (2:07.84),11:12.78 (2:03.82),13:19.50 (2:06.72),15:21.03 (2:01.53)
11	734	Victor van den Bosch	jpA2	15:34.58	1:06.03 (1:06.03),3:12.70 (2:06.67),5:20.93 (2:08.23),7:26.25 (2:05.32),9:25.79 (1:59.54),11:30.22 (2:04.43),13:35.56 (2:05.34),15:34.58 (1:59.02)
12	671	Caroline van der Velden	v35	15:36.19	1:04.13 (1:04.13),3:09.56 (2:05.43),5:14.58 (2:05.02),7:19.39 (2:04.81),9:26.64 (2:07.25),11:31.97 (2:05.33),13:36.58 (2:04.61),15:36.19 (1:59.61)
13	190	Fred de Bruijne		15:36.40	1:04.56 (1:04.56),3:07.45 (2:02.89),5:07.48 (2:00.03),7:13.37 (2:05.89),9:18.96 (2:05.59),11:23.80 (2:04.84),13:32.26 (2:08.46),15:36.40 (2:04.14)
14	665	Anita Stolk	v45	15:39.33	1:03.39 (1:03.39),3:09.78 (2:06.39),5:14.41 (2:04.63),7:19.41 (2:05.00),9:26.78 (2:07.37),11:32.04 (2:05.26),13:36.45 (2:04.41),15:39.33 (2:02.88)
15	735	Jan Wielaart	m	15:42.50	1:01.51 (1:01.51),3:00.65 (1:59.14),5:03.84 (2:03.19),7:13.35 (2:09.51),9:21.76 (2:08.41),11:31.06 (2:09.30),13:42.02 (2:10.96),15:42.50 (2:00.48)
16	684	Walter Keemink	m45	15:58.49	1:00.26 (1:00.26),2:56.50 (1:56.24),4:57.08 (2:00.58),7:08.30 (2:11.22),9:22.92 (2:14.62),11:36.76 (2:13.84),13:51.14 (2:14.38),15:58.49 (2:07.35)
17	680	Lize Dirks	v55	16:09.72	1:04.45 (1:04.45),3:12.36 (2:07.91),5:22.83 (2:10.47),7:34.75 (2:11.92),9:48.14 (2:13.39),11:57.57 (2:09.43),14:06.56 (2:08.99),16:09.72 (2:03.16)
18	42	Robbie van Steeg	jun	16:23.08	1:06.28 (1:06.28),3:14.01 (2:07.73),5:24.49 (2:10.48),7:33.85 (2:09.36),9:47.70 (2:13.85),12:07.10 (2:19.40),14:23.83 (2:16.73),16:23.08 (1:59.25)
19	673	Gerard Stoevelaar	m60	16:30.54	1:07.23 (1:07.23),3:14.46 (2:07.23),5:24.88 (2:10.42),7:35.30 (2:10.42),9:48.59 (2:13.29),12:07.43 (2:18.84),14:24.16 (2:16.73),16:30.54 (2:06.38)
20	739	Nellie Terwiel	v55	17:25.16	1:03.25 (1:03.25),3:12.55 (2:09.30),5:29.71 (2:17.16),7:54.49 (2:24.78),10:18.46 (2:23.97),12:43.06 (2:24.60),15:07.88 (2:24.82),17:25.16 (2:17.28)

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plt	stno	naam	cat	tijd	rondetijden
1	44	Lotta van Kempen	jun	15:57.99	1:04.84 (1:04.84),3:18.50 (2:13.66),5:29.49 (2:10.99),7:39.30 (2:09.81),9:47.71 (2:08.41),11:57.39 (2:09.68),14:06.39 (2:09.00),15:57.99 (1:51.60)
2	748	Hans Hendriks	m65	16:09.18	1:04.41 (1:04.41),3:17.82 (2:13.41),5:28.89 (2:11.07),7:38.94 (2:10.05),9:46.92 (2:07.98),11:56.56 (2:09.64),14:05.86 (2:09.30),16:09.18 (2:03.32)
3	669	Bob Westenberg	m70	16:12.61	1:05.59 (1:05.59),3:19.64 (2:14.05),5:31.66 (2:12.02),7:40.56 (2:08.90),9:48.92 (2:08.36),11:58.74 (2:09.82),14:07.07 (2:08.33),16:12.61 (2:05.54)
4	193	Bram Dorst		16:37.57	1:12.94 (1:12.94),3:37.89 (2:24.95),6:01.84 (2:23.95),8:22.98 (2:21.14),10:41.80 (2:18.82),12:48.36 (2:06.56),14:48.23 (1:59.87),16:37.57 (1:49.34)
5	195	Werner Dorst		16:38.68	1:13.07 (1:13.07),3:37.78 (2:24.71),6:01.72 (2:23.94),8:22.97 (2:21.25),10:41.59 (2:18.62),12:48.37 (2:06.78),14:48.10 (1:59.73),16:38.68 (1:50.58)
6	740	Tjacko Niemrijer	m	16:41.97	1:09.32 (1:09.32),3:27.07 (2:17.75),5:42.49 (2:15.42),7:54.49 (2:12.00),10:06.37 (2:11.88),12:20.48 (2:14.11),14:32.36 (2:11.88),16:41.97 (2:09.61)
7	682	Reny Tertoolen	v40	16:44.95	1:05.99 (1:05.99),3:21.21 (2:15.22),5:34.91 (2:13.70),7:48.61 (2:13.70),10:05.35 (2:16.74),12:24.29 (2:18.94),14:40.97 (2:16.68),16:44.95 (2:03.98)
8	666	Anneke de Roo	v45	16:46.24	1:06.41 (1:06.41),3:20.94 (2:14.53),5:34.65 (2:13.71),7:48.51 (2:13.86),10:05.64 (2:17.13),12:25.12 (2:19.48),14:41.00 (2:15.88),16:46.24 (2:05.24)
9	43	Laura van Kempen	jun	16:54.12	1:04.79 (1:04.79),3:20.56 (2:15.77),5:34.22 (2:13.66),7:47.44 (2:13.22),10:05.87 (2:18.43),12:27.65 (2:21.78),14:47.87 (2:20.22),16:54.12 (2:06.25)
10	744	Tamar van den Berg	jun	16:57.07	1:11.54 (1:11.54),3:30.65 (2:19.11),5:46.73 (2:16.08),8:03.29 (2:16.56),10:15.50 (2:12.21),12:44.25 (2:28.75),14:50.69 (2:06.44),16:57.07 (2:06.38)
11	747	Flip de Jong	m65	17:08.28	1:05.52 (1:05.52),3:19.99 (2:14.47),5:33.38 (2:13.39),7:47.10 (2:13.72),10:05.12 (2:18.02),12:26.84 (2:21.72),14:47.04 (2:20.20),17:08.28 (2:21.24)
12	194	Erwin Teirlinck	m	17:34.84	1:13.44 (1:13.44),3:38.22 (2:24.78),6:04.14 (2:25.92),8:26.33 (2:22.19),10:47.45 (2:21.12),13:07.48 (2:20.03),15:29.28 (2:21.80),17:34.84 (2:05.56)
13	743	Gerard Rolff	m	17:39.06	1:11.95 (1:11.95),3:39.54 (2:27.59),6:05.15 (2:25.61),8:27.19 (2:22.04),10:48.02 (2:20.83),13:05.29 (2:17.27),15:24.43 (2:19.14),17:39.06 (2:14.63)
14	37	Marjan Spruijt	v45	17:39.62	1:10.97 (1:10.97),3:37.19 (2:26.22),6:04.43 (2:27.24),8:25.77 (2:21.34),10:46.59 (2:20.82),13:06.95 (2:20.36),15:27.89 (2:20.94),17:39.62 (2:11.73)
15	738	Margriet Heyblom	v	17:39.79	1:10.97 (1:10.97),3:37.20 (2:26.23),6:03.98 (2:26.78),8:26.21 (2:22.23),10:46.92 (2:20.71),13:07.16 (2:20.24),15:28.59 (2:21.43),17:39.79 (2:11.20)
16	745	Jan Pluimgraaff	m	17:52.44	1:12.26 (1:12.26),3:39.04 (2:26.78),6:05.98 (2:26.94),8:31.30 (2:25.32),10:54.29 (2:22.99),13:17.95 (2:23.66),15:45.24 (2:27.29),17:52.44 (2:07.20)
17	678	Jan Mulder	m50	17:53.89	1:06.31 (1:06.31),3:25.54 (2:19.23),5:49.25 (2:23.71),8:18.09 (2:28.84),10:48.61 (2:30.52),13:15.05 (2:26.44),15:43.35 (2:28.30),17:53.89 (2:10.54)
18	192	Twan Kervezee		17:58.15	1:10.52 (1:10.52),3:36.42 (2:25.90),6:03.69 (2:27.27),8:25.46 (2:21.77),10:46.40 (2:20.94),13:06.59 (2:20.19),15:27.79 (2:21.20),17:58.15 (2:30.36)
19	651	Hella Waltman	v40	17:59.42	1:09.67 (1:09.67),3:29.12 (2:19.45),5:54.15 (2:25.03),8:22.25 (2:28.10),10:49.27 (2:27.02),13:16.39 (2:27.12),15:44.28 (2:27.89),17:59.42 (2:15.14)
20	45	Marja Booister	v40	18:29.45	1:08.95 (1:08.95),3:34.32 (2:25.37),6:00.75 (2:26.43),8:32.03 (2:31.28),11:02.94 (2:30.91),13:33.46 (2:30.52),16:04.35 (2:30.89),18:29.45 (2:25.10)
21	685	Wil van der Raaf	v60	18:42.96	1:08.16 (1:08.16),3:34.98 (2:26.82),6:01.24 (2:26.26),8:32.96 (2:31.72),11:03.61 (2:30.65),13:35.99 (2:32.38),16:11.29 (2:35.30),18:42.96 (2:31.67)
22	746	Claudia Mersch	v	20:18.93	1:16.71 (1:16.71),3:51.92 (2:35.21),6:34.59 (2:42.67),9:17.57 (2:42.98),12:04.42 (2:46.85),14:57.66 (2:53.24),17:47.19 (2:49.53),20:18.93 (2:31.74)
23	94	Mandy Leeman	v45	20:25.17	1:20.44 (1:20.44),3:54.76 (2:34.32),6:40.87 (2:46.11),9:26.32 (2:45.45),12:15.27 (2:48.95),15:04.35 (2:49.08),17:52.52 (2:48.17),20:25.17 (2:32.65)
24	749	Ineke van der Vaart		20:55.47	1:16.66 (1:16.66),3:51.84 (2:35.18),6:42.64 (2:50.80),9:32.76 (2:50.12),12:22.85 (2:50.09),15:12.56 (2:49.71),18:02.74 (2:50.18),20:55.47 (2:52.73)
DNF	681	Josette Monster	v		1:10.37 (1:10.37),3:36.77 (2:26.40),6:06.11 (2:29.34),8:44.16 (2:38.05),11:23.60 (2:39.44),14:14.95 (2:51.35),16:59.63 (2:44.68)